The Office of Sexual Violence Prevention and Education

2025-26 Annual Program Summary

SEXUAL VIOLENCE PREVENTION AND EDUCATION
VIRGINIA TECH

A Message from the Director

The 2025-26 academic year marked the second year of the Office of Sexual Violence Prevention and Education (SVPE) and represented a year of significant growth, innovation, and collaboration. As a team within the Office for Civil Rights Compliance and Prevention Education (CRCPE), SVPE is part of a comprehensive approach to creating a campus where prevention, education, civil rights, accessibility, and responsive support work together to create an environment where every Hokie can thrive.

As I reflect on our goals to expand prevention education, strengthen campus partnerships, and cultivate a culture of respect and belonging, I am incredibly proud of what our team accomplished together. Building on the strong foundation established during our inaugural year, we continued to grow our reach and refine our work to better meet the evolving needs of the Virginia Tech community.

I am especially encouraged by our team's accomplishments, including, but not limited to:

- Expanding prevention education by increasing workshops and outreach opportunities, resulting in a 91% increase in participants reached compared to the previous academic year.
- Growing prevention efforts for graduate and professional students through the addition of a dedicated staff member and expanded programming across the Blacksburg, Roanoke, and the greater Washington, D.C., area campuses.
- Strengthening the VOICES Peer Education program, SVPE's peer education program focused on sexual violence prevention and healthy relationships, through enhanced leadership development, new educational content, and increased student-led outreach and programming.
- Deepening partnerships across the university, hosting more than 120 events in collaboration with campus partners to deliver tailored, community-centered prevention education.
- Developing new workshops and educational resources that reflect emerging student needs while expanding our digital outreach and online prevention initiatives.

We are grateful for the continued partnership of students, peer educators, faculty, staff, and campus collaborators who recognize that preventing gender-based violence is a shared responsibility. Together, we are creating opportunities for meaningful conversations, strengthening community connections, and equipping Hokies with the knowledge and skills to foster healthy relationships and safer campus environments.

This annual report highlights the progress made throughout the 2025-26 academic year and reflects our ongoing commitment to evidence-informed prevention efforts. As we look ahead, we remain dedicated to expanding our impact, strengthening partnerships across the university, and advancing Virginia Tech's vision of a community where every Hokie can thrive.

Sincerely,

Jenn Wiggins
Director Office of Sexual Violence Prevention and Education

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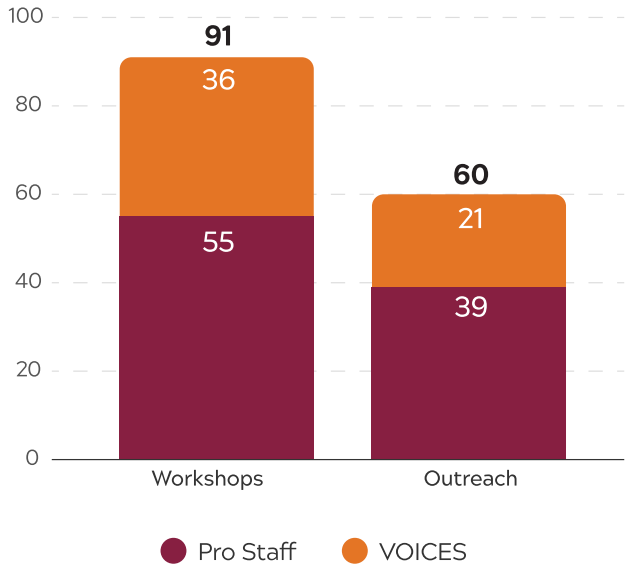
The Office of Sexual Violence Prevention and Education

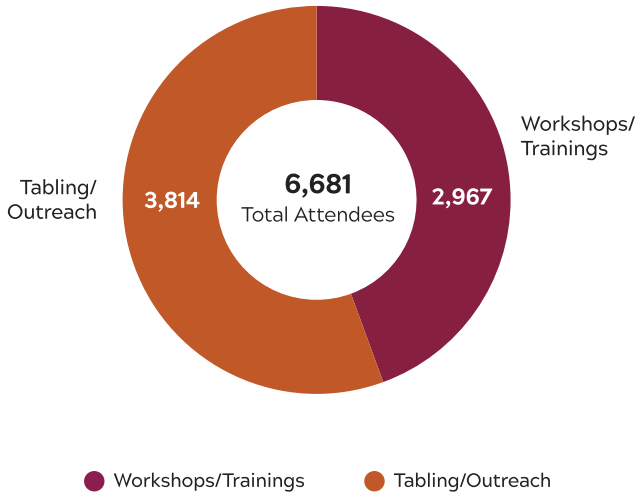
2025-26 Annual Program Summary

The 2025-26 academic year marked the second year of the Office of Sexual Violence Prevention and Education (SVPE) at Virginia Tech. This report highlights the partnerships, programs, participation, and strategic efforts that went into our second year. Our priorities were expanding programs, strengthening campus partnerships, and increasing campus outreach strategies.

Total SVPE Programming 2025-26



2025-26 Program Attendance



Total Pro Staff and VOICES Programming 2025-26

From July 2025 - May 2026, SVPE delivered a total of 152 events, reaching 6,781 participants through a variety of workshops, trainings, and outreach events. The efforts were split between the VOICES Peer Education program and SVPE professional staff, each contributing unique strengths to the department's mission of cultivating a safer campus community.

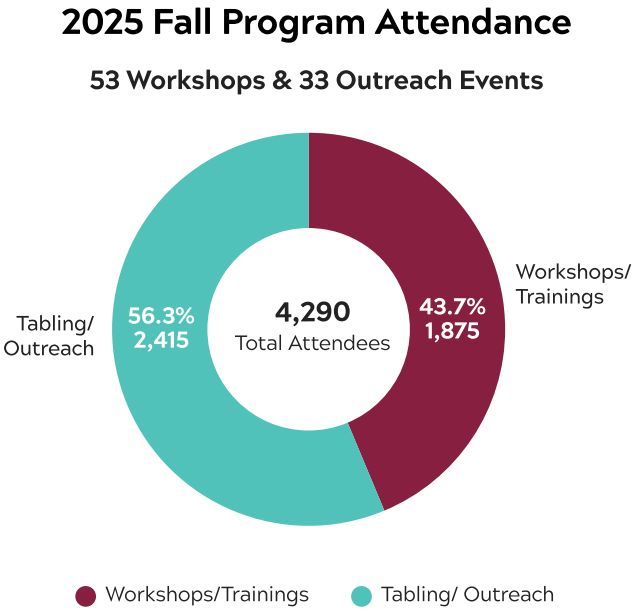
New additions in the 2025-26 year included:

- The VOICES SIPS (Students in Prevention Strategies) program hosted workshops and outreach events that engaged 408 participants. Led by a team of undergraduate peer educators and graduate student interns, VOICES delivered programming designed to connect with students through a peer-to-peer approach, fostering meaningful engagement and dialogue.
- The addition of a new role, Assistant Director for Graduate Student Engagement and Leadership, brought an increase in programming with graduate students by building and strengthening collaboration with new and existing campus partners, including Master's in Counseling Education students, the Graduate Professional Student Senate (GPSS), the Virginia Tech Health Sciences and Technology (HS&T) campus, and graduate students at the Greater Washington, D.C., area campuses.
- SVPE developed several new workshop materials in the 2025-26 academic year, including topics such as "Boundary Builders," "Advocacy for Survivors," "Short Stories with SVPE," "The Power of No," "Stepping into Prevention," "Dating in American Culture," and "Building Resilience."

Fall 2025

Pro Staff and VOICES collectively reached 4,290 participants from July-December 2025:

- 56% of the participants came from tabling and outreach events, reaching 2,415 people
- 44% of participants came from workshops and trainings, reaching 1,875 people



Spring 2026

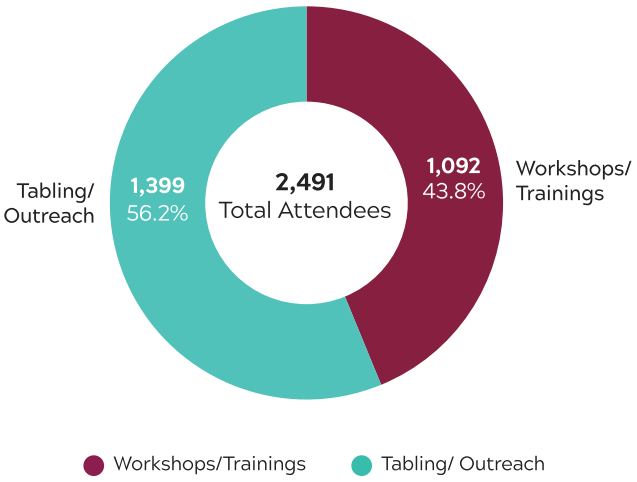
Pro Staff and VOICES collectively reached 2,491 participants from January-April 2026:

- 56% of the participants came from tabling and outreach events, reaching 1,399 people
- 44% of participants came from workshop/ training events, reaching 1,092 people

Attendance patterns remained consistent across both semesters, with 56% of participants in fall and spring coming from tabling and outreach efforts, and 44% from workshops and trainings. While overall participation declined by 42% from fall to spring, this shift aligns with the shorter duration of spring programming, which spans four months compared to six months in the fall, making the decrease proportionate.

2026 Spring Program Attendance

38 Workshops & 27 Outreach Events



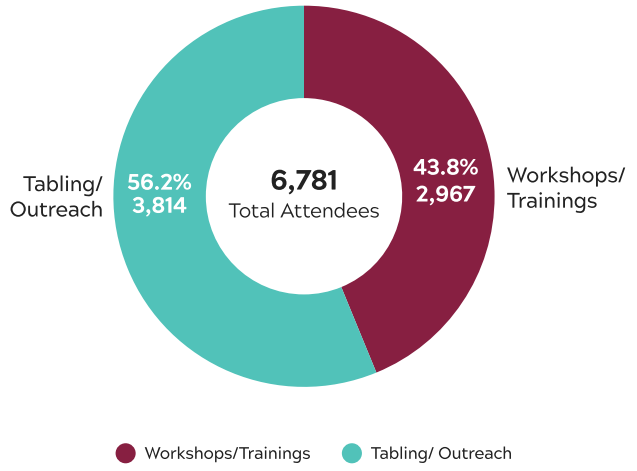
Fall 2025 & Spring 2026

This year's programming included 91 workshops/ trainings and 60 outreach tabling events, reaching 6,781 people. During the 2024-25 year, SVPE conducted 67 workshops/trainings and 29 outreach/ tabling events, reaching 3,547 people. Workshops increased by 36% and outreach/tabling events increased by 107%. The total number of people reached increased by 91%:

- Workshops averaged 34 attendees, a 26% increase from the 2024-25 year when workshops averaged 27 attendees.
- Outreach events averaged 63 total attendees, a 17% decrease from the 2024-25 year when outreach events averaged 76 attendees.

2025-26 Program Attendance

91 Workshops & 60 Outreach Events



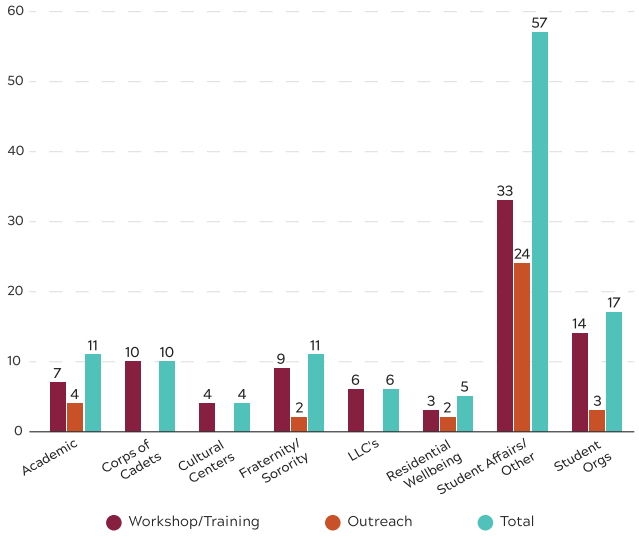
2025-26 SVPE Programming by Month

Program content spanned a broad range of topics, including healthy relationships, boundaries, bystander intervention, understanding gender-based violence, and more. More than 121 programs were hosted in collaboration with one or more campus partners, including academic departments, residential life, student organizations, cultural centers, fraternity and sorority life, and student affairs departments.

2025-26 SVPE Program Details

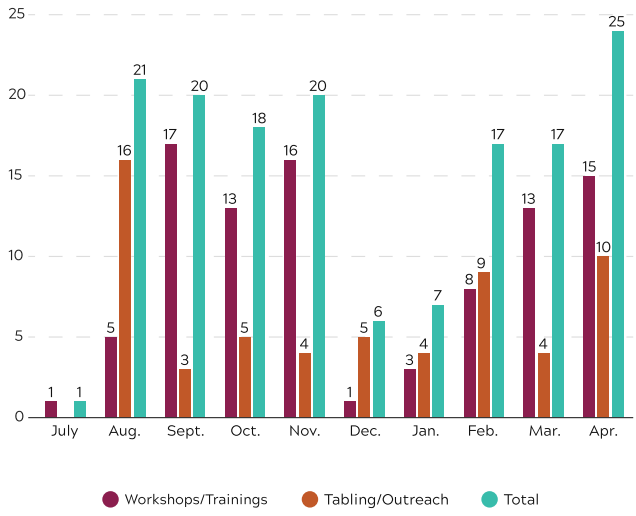
Programming Partners for 2025-26

Number of programs Delivered



2025-26 SVPE Programming by Month

Number of Programs Delivered



SVPE's activity remained steady throughout the academic year, with August 2025 and April 2026 standing out as the months of highest campus engagement. August featured a strong return-to-campus presence, including 16 outreach events, the highest number of outreach events in any month. April followed closely with 10 outreach events and the highest overall number of programs delivered, driven in part by Sexual Assault Awareness Month (SAAM).

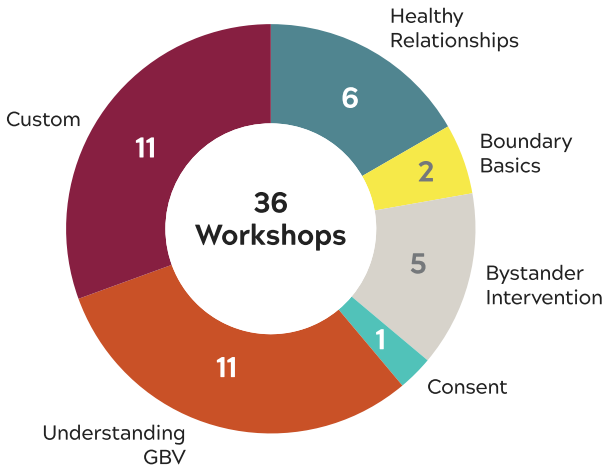
As in the previous year, SVPE observed a similar seasonal pattern: a natural slowdown toward the end of the fall semester followed by a gradual increase at the start of the spring term. Overall, programming grew significantly, increasing from 94 programs in 2024-25 to 150 in 2025-26, an increase of approximately 60%. Nearly every month saw growth in event numbers, with the exception of October 2025 and March 2026, which experienced decreases of 38% and 15%, respectively.

In the 2025-26 academic year, SVPE collaborated 121 times with community partners, representing a 30% increase from 93 times collaborating with partners in 2024-25. This growth reflects a continued commitment to strengthening existing relationships while intentionally expanding connections across the campus community.

VOICES Peer Education

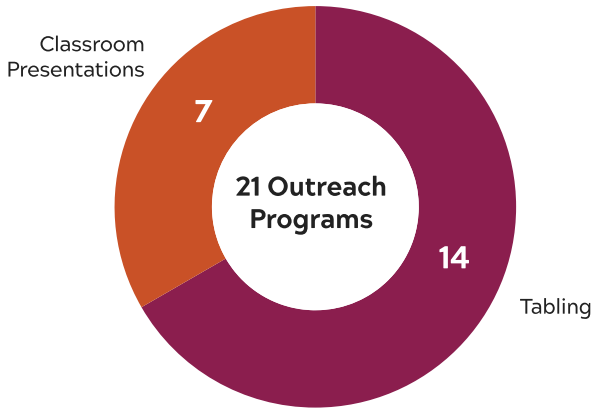
2025-26 VOICES Workshop

39 Attendees on average



2025-26 VOICES Outreach Programs

61 Attendees on average



VOICES peer educators and volunteers played a central role in SVPE's outreach and education efforts this year. VOICES delivered a total of 57 programs, reaching approximately 2,566 participants through 36 workshops and 21 outreach events. Among programs, workshops averaged nearly 39 attendees, and outreach efforts averaged over 61 participants, reflecting strong engagement across different parts of campus.

A significant number of workshops used the "Understanding Gender-Based Violence" curriculum, while others focused on healthy relationships, consent, and bystander intervention. "Boundary Basics" was a new addition to the Peer Educators standard curriculum. Custom workshops made by peer educators and workshops for organizations per request were popular this year. The peer education team partnered with a wide variety of communities, including Living-Learning Communities (LLCs), Residential Wellbeing teams, Greek Life, cultural organizations, and academic departments. Many peer educators have existing ties to these

communities, which helps foster trust and rapport in both formal and informal settings. These connections make peer-led programming especially effective, enhancing accessibility, relatability, and impact across diverse campus groups. New VOICES partnerships this year consisted of the German Club, Swim Club, the Rugby Team, and Lambda Iota Mu.

In addition to their public-facing work, VOICES peer educators engaged in internal development focused on facilitation skills, intersectionality, inclusive language, and approaching sexual and power-based violence through systemic and intersectional lenses. The leadership team gained momentum, refining their roles, and strengthening collaboration through reflection and shared responsibility. Their progress this year expanded on the success of last year, with an increase in peer educator initiatives, increased student-led outreach, and increased student program development. The success this year sets up for an increase in student-led initiatives, outreach, self-efficacy, and program development in years to follow.

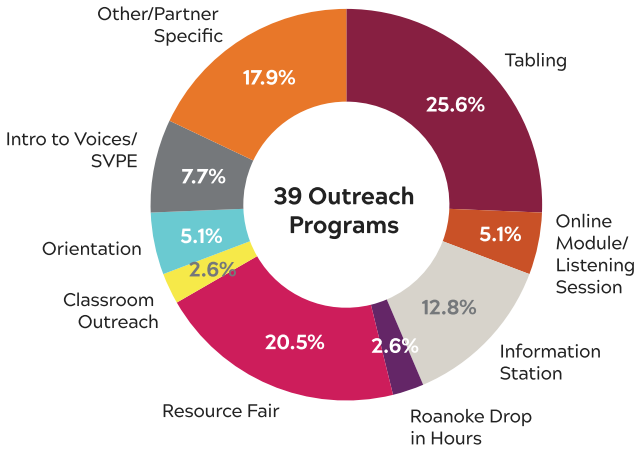
SVPE Professional Staff

2025-26 SVPE Pro Staff Workshops

29 Attendees on Average

2025-26 Pro Staff Outreach Events

65 Attendees on Average

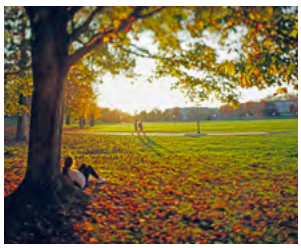


SVPE professional staff delivered 95 programs during the 2025-26 academic year, engaging 4,137 participants. These included 55 workshops and 39 outreach events. Workshops averaged 29 participants, and outreach events averaged 65 participants. Staff-led programs were developed in close collaboration with campus partners and often tailored to fit the needs of specific audiences.

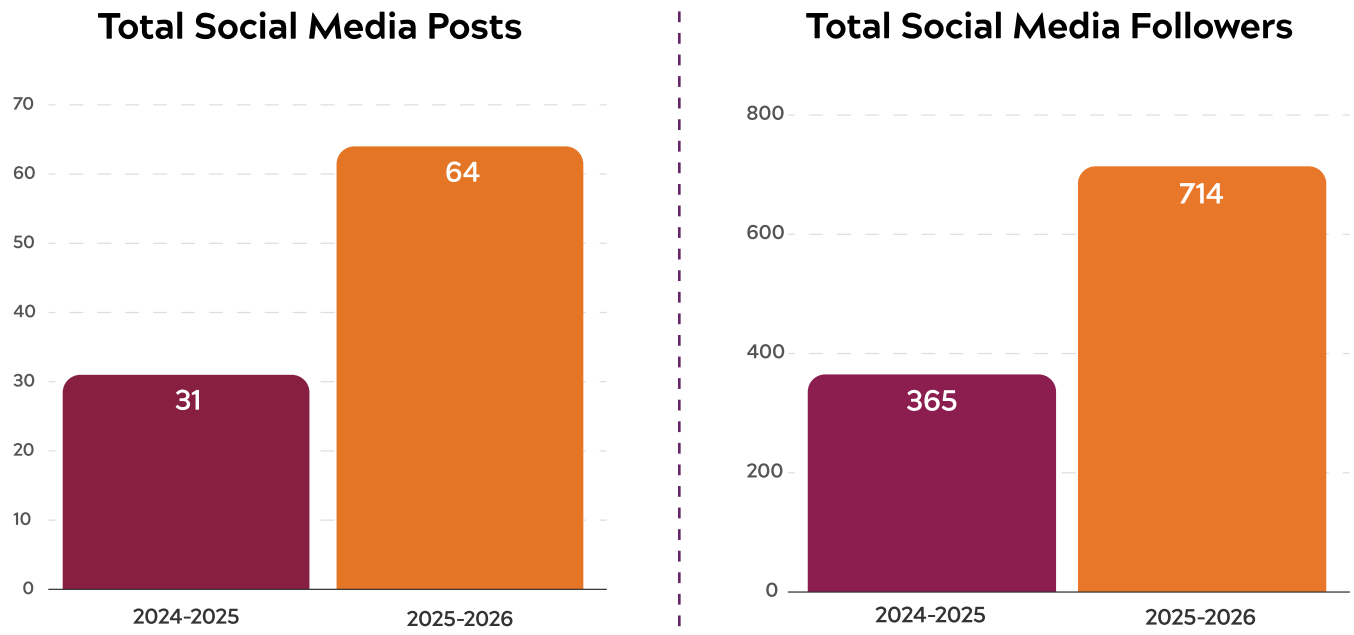
Workshop topics ranged from “Healthy Relationships” and “Mentoring Relationships” to “Bystander Interventions” and “Understanding Gender-Based Violence,” along with several sessions designed specifically for unique partner contexts. Examples include “The Power of No,” a workshop requested by members of GPSS to learn how to say “no” in personal and professional relationships, and “Defying Distance,” a collaboration with Cook Counseling Center, supporting students who have traveled far from friends and loved ones to attend Virginia Tech and are navigating maintaining long-distance relationships. Notable collaborations also included the Corps of Cadets, Cranwell International Center, the Graduate School, Fraternity-Sorority Life, and various Student Affairs offices. Outreach efforts featured key events such as the SAAM Launch, which, alone, drew an estimated 97 attendees, and Bloom Anyway, which created a space for reflection, empowerment, and healing.

Prevention developed for graduate students greatly increased this year with the addition of the assistant director focusing on graduate and professional student engagement. In fall 2025, there were 20 events that were geared toward graduate students. This included 11 workshops and 9 outreach opportunities. Ten events took place in Blacksburg, six in Roanoke, and four in the Washington, D.C. area. For spring 2026, there were a total of 16 events, split evenly at eight each for workshops and outreach events. Eight events were based out of Blacksburg (with two being offered hybrid and promoted across all campuses); four in Roanoke (including at the Higher Education Center and HS&T campus); and three were based in the Washington, D.C. area. In addition, one event was held virtually. Though led by pro staff, VOICES Peer Educators assisted in three events for graduate students.

As part of our second year, SVPE worked to strengthen existing campus partnerships, and build new partnerships. New campus partnerships in 2025-26 included Counseling Education Master Students and the Public Health Association. These relationships have helped increase awareness of SVPE services and improve access to prevention programming across a wide range of students, faculty, and staff.



Social Media Impact



SVPE continued to strengthen its digital presence over the year, with Instagram serving as its primary platform and a total of 64 posts shared. Follower growth was substantial, increasing from 377 at the end of the 2024-25 academic year to 714 by the close of 2025-26, an 89% rise. This upward trend reflects expanding visibility and highlights social media as a valuable channel for raising awareness, delivering educational content, and promoting events.

During the 2025-26 year, a total of 64 posts were shared, representing a 106% increase from 2024-25. This growth reflects both the expansion of programming and a stronger commitment to promoting events through social media.

Miscellaneous Projects

In addition to core programming and outreach efforts, several miscellaneous projects contributed to the continued growth and sustainability of prevention initiatives this year. Key projects included the development of online toolkits to expand access to educational resources and support ongoing learning for students and campus partners. SVPE also launched a research project focused on student discourse on gender-based violence and identifying emerging trends to better inform future prevention strategies. Additionally, significant time was dedicated to the creation and implementation of the institution's required online sexual violence prevention module, ensuring compliance requirements were met while providing students with accessible, engaging, and informative prevention education.

Participant Feedback

Participants are asked to complete a feedback survey via Qualtrics at the conclusion of each workshop. Key takeaways from the 2025-26 academic year are:

Quantitative Data:

- Facilitator Knowledge: 93.4% of participants agreeing or strongly agreeing that the facilitators were knowledgeable.
- Increased Awareness: 91.3% of respondents reported having a better understanding of the topics discussed and felt more aware of the role they can play in minimizing violence.
- Organization & Materials: 91% of participants found the workshops well-organized and the provided materials useful.
- Confidence: 90.7% of participants felt confident sharing what they learned with others.

Qualitative Data:

Through open-ended questions, participants cited the following themes as the most impactful:

- Resources & Support: Participants valued learning the difference between confidential and non-confidential resources, and about their reporting options.
- Boundaries: Participants found the tools presented during “Boundary Builders” helpful, specifically highlighting how to say “no” and ways to re-negotiate boundaries as their biggest takeaways.
- Intervention Strategies: Students value practical and applicable intervention strategies, citing “Show you CARE” and the “ABCs of Support” most frequently.
- Societal Awareness: Many participants found the most value in exploring how specific behaviors are socialized and normalized within our culture.
- Consent & Healthy Habits: The importance of clear communication and active consent was a recurring highlight.

This year’s data suggests that programming is successfully meeting its educational goals, with strength in providing practical resource knowledge and empowering students to intervene in their communities.

Future Development

As SVPE looks ahead, the department is focused on strengthening existing campus partnerships while building new ones and increasing its visibility and accessibility across the Virginia Tech community. SVPE remains committed to advancing prevention through education, with expanded, targeted programming with a continued emphasis on nonjudgmental, proactive approaches that stop violence before it occurs.

The VOICES team will continue to grow its role as a key connector between SVPE and campus organizations. This includes supporting outreach events, developing new programming, and offering valuable student-informed perspectives on initiatives that will best serve the community.

SVPE's four core workshops, "Bystander Intervention," "Boundaries Basics," "Healthy Relationships," and "Understanding Gender-Based Violence," will remain central to our efforts. The VOICES team will continue facilitating these sessions while professional staff will continue to create content to reflect the evolving needs and interests of campus partners. In addition, the team will expand its monthly workshop offerings, incorporating tailored themes and interactive activities to deepen engagement and impact. More sensitive or complex requests will continue to be met by our professional staff.

Prevention geared towards graduate and professional students on all the Virginia Tech campuses will continue to expand. Based upon the connections, programs, and relationships built this year, we anticipate that next year will bring more tailored programming geared to meet the diverse needs of graduate students across the three main Virginia Tech campus areas (Blacksburg, Roanoke, and the Washington, D.C. area).

Moving forward, the department will continue prioritizing the strategic use of data to inform decision-making, strengthen program effectiveness, and better understand student needs and experiences. Efforts will focus on enhancing assessment practices, improving consistency in data collection, and utilizing both quantitative and qualitative feedback to evaluate impact and identify opportunities for growth.

Continued engagement and development of professional staff will remain a key priority in sustaining high-quality, student-centered work. Future efforts will emphasize ongoing professional development, cross-functional collaboration, and intentional opportunities for reflection and innovation.

Conclusion

The 2025-26 academic year consisted of continual growth in programming, outreach events, and community engagement. The number of workshops in 2025-26 increased 36% from 2024-25, outreach/tabling events increased 107%, and the total number of participants increased 91%, demonstrating a growing influence on campus life and students' experience. Campus partnerships continued to be a pivotal piece of programming. With the systems put in place during our first year, we were able to spend this year focusing on refining programming, growing the VOICES team responsibilities, cultivating new partnerships, expanding social media outreach, and creating new tailored programming.

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VIRGINIA TECH

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