



American Heart Association®  
Heart Walk®

# Volunteers Needed

## New River Valley Heart Walk



The American Heart Association runs on volunteer power! We could use some extra hands leading up to and on the day of the event. Whatever your skills and interests are, we have an opportunity that's right for you.

### VOLUNTEER ROLES

7-9am

- Unbox buddies
- Setup Squad

9-11am

- Registration Warrior
- Traffic Warrior
- Tent Host
- Route Marshall
- Start/Finish Line Host

11am

- Teardown Troupers
- Pack-up Party

Please note:

- Which timeframe you are available (you may do more than one).
- Which duties (if any specific) you are interested in.
- Some tasks require physical activity and being able to lift 25+ lbs. Please note whether you have any role restrictions.

### ABOUT THE EVENT

**New River Valley Heart Walk**  
Bisset Park  
Saturday, October 7, 2023

### VOLUNTEER PERKS

- Snacks
- Water
- That warm fuzzy feeling as you help save lives

**Sign-up Here!**



For questions or more information, reach out to [whitney.jones@heart.org](mailto:whitney.jones@heart.org)